

ONCAMPUS
Achieve more.

A GUIDE TO
Life in Sunderland



**University of
Sunderland**

**ONCAMPUS
SUNDERLAND**

Sunderland in numbers

Sunderland is an ideal destination to study, live and explore as an international student. It blends the city, the seaside, and the countryside with the energy of a large city yet the charm of a little town.







From award-winning beaches to beautiful parks and hundreds of activities to try, Sunderland has something to suit everyone. With an international and multicultural community, you will feel right at home.

<p>Sunderland is only 30 minutes away from Newcastle Upon Tyne.</p>		<p>The Stadium of Light has the 10th largest capacity of any English football stadium.</p>
	<p>just 3.5 hours from London by train.</p>	
<p>The Sunderland Empire Theatre accommodates 2,200 people making it one of the largest venues in the North East.</p>		<p>Home to Sunderland Football Club with space for 49,000 spectators.</p>

Living Costs Sunderland vs London

Other than being an amazing city to live in with various things to explore, Sunderland is based in the North East of England, one of the most affordable regions in the UK, making **ONCAMPUS** Sunderland one of the best value options available to you.

See below for a comparison of how the cost of studying at Sunderland compares to the cost of study in London, and how your living costs may vary over the course of one year.

Average price:		
<p>University Gym Membership</p>  <p>Sunderland £10.00 per month London £20.00 per month</p>	<p>Rent (En-suite studio)</p>  <p>Sunderland £99.33 per week London £312.76 per week</p>	<p>Coffee</p>  <p>Sunderland £1.50 London £2.50</p>
<p>Theatre ticket</p>  <p>Sunderland £20.00 London £25.00</p>	<p>Bus ticket</p>  <p>Sunderland £4.00 for a day travelcard London £5.90 for a day travelcard</p>	<p>Sandwich</p>  <p>Sunderland £2.00 London £3.95</p>

Living in Sunderland



7th safest place to live in the UK.

Accent Group, 2021



Sports and activities

The Stadium of Light, only 21 minutes by train from the city centre, is home to Sunderland Football Club. It seats 49,000 people, making it a great destination for any football fans to enjoy a game

The University's CitySpace is a £12 million sports and social facility with 70 station fitness gym, 6 badminton courts and an indoor climbing wall.

The Students' Union has over 40 societies, which are a great way to get involved in university life and make friends. **ONCAMPUS** Sunderland students have access to Student Union facilities from day one.

Places of worship

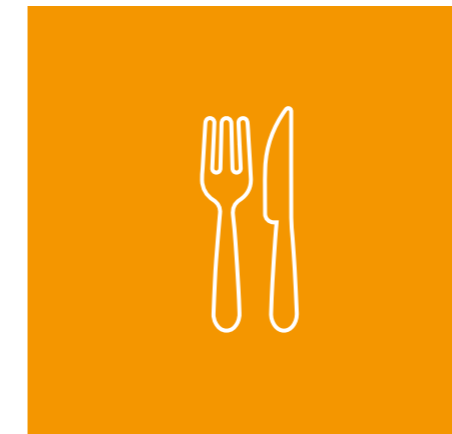
There are over 15 places of worship within 5 miles of Sunderland city centre. The University of Sunderland was also named University of the Year for Social Inclusion (The Times and Sunday Times Good University Guide 2021), making it a diverse and welcoming city.

The City Campus has prayer facilities for Muslim students and the St Peter's Campus has an Interfaith Chaplaincy Centre dedicated for all faiths. There are several faith-based societies available for students to join which reflects the University's diversity and multicultural community.

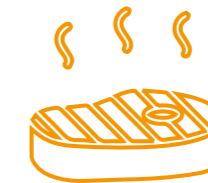
Living in Sunderland

Sunderland offers plenty to do and see during your time as a student. It also has a fantastic and diverse culinary scene, with a wide variety of places to eat and drink on a student budget.

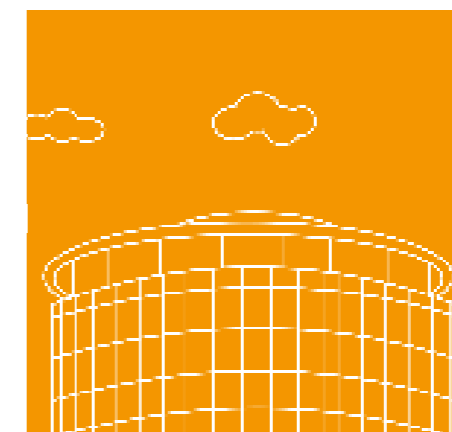
Places to eat



If you are a fan of steak, visit **Miller & Carter Steakhouse** for the best steak in town.



Visit **Mexico 70** for some delicious Mexican food with various vegan, vegetarian and halal options.



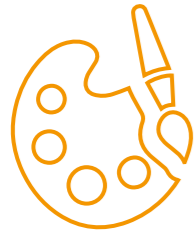
Enfes Restaurant offers Mediterranean cuisines like Kebab and it has been voted as the "Traveller's Choice 2021" (TripAdvisor).



Things to do



Visit the **National Glass Centre** and explore the different exhibition galleries, artists' studios and production facilities.



Enjoy the beautiful coastline at hidden gems such as **Seaburn and Roker beaches**.



The Bridges shopping centre is your go-to place for popular high street brands and lots of restaurant options.



Take a walk around **Mowbray Park** which sits at the heart of the city and has 2 tennis courts and a walking track.



Instagrammable Sunderland

Visit some of the most Instagrammable spots in Sunderland and start sharing your favourite places with #oncampus #Sunderland.

Scan the QR codes to walk through these places on Google maps before you visit in real life.



Stadium of Light



Penshaw Monument



Roker Park



Souter Lighthouse



Herrington Country Park



National Glass Centre



Wearmouth Bridge



Hylton Castle



Roker Marina



Keel Square



St Peter's Church



Sunderland Museum and Winter Gardens



oncampus.global/sunderland-city-guide



▲ To Newcastle,
Mosques and
Hindu Temple: 15 Miles

Stadium Of Light



The Stadium
Of Light

St Peters



▲ To Roker Beach
1 mile from **ONCAMPUS**
classrooms

ONCAMPUS



University Of Sunderland
Sir Tom Cowie Campus



National
Glass Centre

River Wear



Wearmouth Bridge

Millfield

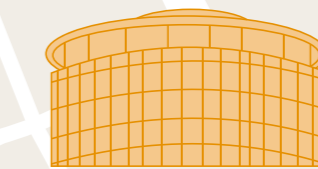
Sunderland
Empire Theatre

City Library
And Arts Centre

Church Of
Holy Trinity

The Bridges
Shopping Centre

Sunderland



Sunderland Museum
And Winter Gardens

University

University
Of Sunderland
City Campus

Park Lane

The Royalty
Theatre

For more information visit:

www.oncampus.global/sunderland

